**Press Release Announcing Course Date(s)**

**FOR IMMEDIATE RELEASE CONTACT:**

**[Current Date] [Your name, phone, email]**

**SAFE SITTER® COURSE NOW BEING OFFERED**

**Students Learn Home Alone Safety & More**

**[Your organization]** will offer Safe Sitter® courses for young teens, grades 6-8, **[your course date(s)]** at **[your course location]**. Registration deadline is **[your deadline].**

More than 600,000 young teens have graduated from the medically-accurate program which teaches how, why, and where injuries happen so they can be prevented. The cost of the course is $**[your fee]**. Call **[your phone number]** to register your son or daughter or your child’s babysitter.

The course provides hands-on practice in lifesaving techniques to young teens who are home alone, watching younger siblings, or babysitting so they are equipped with the skills and confidence to act in an emergency. They learn basic first aid and infant and child choking rescue. ***[and CPR.* *Insert if teaching Safe Sitter® Essentials with CPR or Safe Sitter® Expanded.]*** Students also receive instruction on how a child’s age affects how to care for them, how to prevent problem behavior, and how to run their own babysitting business.

Students who graduate from a Safe Sitter® course receive a completion card demonstrating that they know how to use their skills in situations they encounter.

For more information about the Safe Sitter® organization, contact National Headquarters at 317.596.5001 or visit [safesitter.org](http://www.safesitter.org).

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