

Safe Sitter® Help Sheet

Contact Information

1. Employer name
2. Address
3. Cell phone number
4. Alternate phone number
5. Back-up adult name and phone number
6. Emergency Services: 9-1-1
7. Poison Center: 800-222-1222

House Tour Checklist

- Fire escape route and outside meeting place
- Phone locations
- Locks
- Alarm systems
- Children's rooms
- Rooms that are off limits
- Diapering supplies
- First aid supplies
- Flashlight

Babysitting Information



Bedtime



Entertainment



Snacks / Meals



Toileting

- Allergies / Medicines
- Ideas for comfort / Behavior tips



Responsibilities Checklist

- Phone / TV rules
- Rules for electronic games and devices
- Outside play
- Pet routines
- Guns locked up

