

The Makings of the Best Babysitters

Good babysitters do exist! They have these skills in common:



SAFETY SKILLS

- Will keep themselves and your child safe
- Know when to ask for help
- Know how to call for help in an emergency

CHILD CARE SKILLS

- Like children and are willing to accept responsibility for your child's life
- Have the patience to handle difficult behavior
- Have the attention span to actively watch and entertain your child



FIRST AID & RESCUE SKILLS

- Know how to rescue a choking infant or child
- Are competent in basic first aid skills
- Are able to stay calm in an emergency

LIFE & BUSINESS SKILLS

- Have completed a babysitting preparation course
- Have experience watching other children such as younger siblings
- Are trustworthy

