

SAFE@HOME

by **SAFESITTER**

safesitter.org



SAFE HABITS
SAVE LIVES!



HOW TO HANDLE
EMERGENCIES



MAKING A CALL
TO 9-1-1

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Need more safety tips?
 Check out **safesitter.org**

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Staying

HOME ALONE

Staying home by yourself can be both scary and exciting.

You're growing up, and it feels good to know that your parents trust you to stay home alone, but what if there was an emergency? Would you know what to do?

This class will help prepare you to be home alone. You'll learn...

- How to keep yourself safe indoors, outdoors, online, and with others
- What to do in an emergency
- What you should do if you get hurt or sick



*Check out the
Students section
at safesitter.org
for more tips
on safety while
home alone!*

SAFE HABITS

Learning how to keep yourself safe and sound when home alone or unsupervised is part of growing up. When you are home alone, it is important that you know how to stay safe.

Always practice safe habits for:



INDOOR SAFETY

A lot can go wrong inside the house.



OUTDOOR SAFETY

It can be hard to stay safe outdoors, where traffic, play equipment, and animals can create unsafe situations.



ONLINE SAFETY

Your safety could be at risk any time you go online.



PERSONAL SAFETY

Whether you are alone or with others, take steps to protect your personal safety.

Safe habits save lives!

Hey Mom and Dad!

Check out safesitter.org/home-alone for important information to help you prepare your child for staying home alone.



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