

# 6 BEHAVIOR MANAGEMENT TIPS

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## *Provide Comfort*

Make sure the child isn't tired, hungry, or needing a diaper change. Offer the child a favorite stuffed animal or doll, give the child a hug, or speak to them with soothing words.



## *Distract*

Use a toy, story, or song to distract the child's attention.



## *Give Choices*

Offer the child acceptable choices while still insisting on what needs to be done.



## *Make A Game*

Turn something that needs to be done into a game.



## *When ... Then*

Promise something the child wants to do after the child does something they do not want to do.



## *Take A Break / Start Over*

Have the child take a break by sitting in a chair or time without a toy for 1 minute of each year of the child's life. When break time has ended, help the child return to play by saying, "Okay, let's start over."