

# SAFESITTER

## fact sheet

Patricia A. Keener, M.D. recognized the vulnerability of young children when cared for by unprepared providers, so she created a program to teach young teens how to be better, safer babysitters.

For more than 40 years, Safe Sitter® has been a leader in providing safety skills and child care training through a network of Instructors across the United States and Canada.



### by the numbers



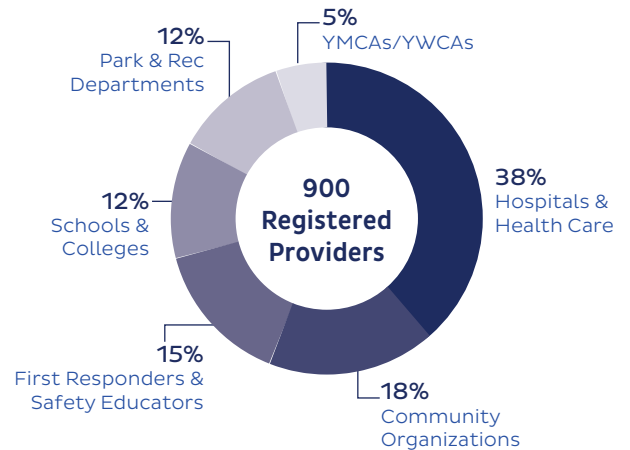
**900 Registered Providers**



**35,000 Student Taught Annually**



**3,000 Safe Sitter® Instructors**



### history

Founded in 1980, Safe Sitter® was born in response to a tragedy. When a young child died from choking while in the care of an adult babysitter, Dr. Patricia A. Keener resolved to teach young adolescents choking rescue skills so that they would know what to do from their very first babysitting job. She recruited doctors, nurses, and others to join her in helping to launch this new program, and before long, Safe Sitter® evolved into more than just a class; it was a cause.

Now a national nonprofit organization with nearly 3,000 Instructors, Safe Sitter® continues to help build safer communities with courses that prepare individuals to care for young children. Over 775,000 graduates have successfully completed a program by Safe Sitter® resulting in nearly 200 lives being saved.



### organizational status

Safe Sitter, Inc. is a 501(c) (3) not-for-profit organization. Organizational operating funds are obtained from sales of instructional material, charitable donations, foundation grant support, and sponsorships.

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The mission of Safe Sitter® is to provide life skills, safety skills, and child care training in order to build safer communities. Guided by the vision that every child should be safe, Safe Sitter® aspires to become the premier babysitting training course for all parents and grandparents and ensure that all students in grades 4-8 are equipped with the necessary skills to be safe when unsupervised.

### *introductory courses*

#### **Safe@Home**

90-minute program designed to teach students in grades 4-6 to be safe when they are home alone. Students learn how to practice safe habits, prevent unsafe situations, and learn what to do when faced with dangers such as power failures or weather emergencies. Students are also introduced to the Safe Sitter® First Aid Chart and learn a system to help them assess and respond to injuries and illnesses.

#### **Intro to Safe Babysitting**

60-minute program designed to introduce students in grades 6-8 to safely care for children. Students learn the ages and stages of child development, practice diapering, as well as tips to stay in control of themselves and the children in their care.

### *comprehensive courses*

#### **Safe Sitter® Essentials**

Designed to prepare students in grades 6-8 to be safe when they are home alone, watching younger siblings, or babysitting. Students learn how to practice important safety skills, handle emergencies, care for children, and how to treat illnesses and injuries. Some classes even teach CPR. In addition, students learn important business skills, like how to screen jobs, set a wage, and work with employers.

#### **Getting Started as Grandparents**

Designed to prepare adults to provide the best and safest care for their grandchildren whether providing care on a regular basis or only occasionally babysitting. Participants learn current practices for child care, first aid, and behavior management. In addition, participants learn how to effectively support their child as a parent and foster a good relationship from the start.

### *contact*

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