Welcome to
SAFE@HOME
SAFESITTER

Introductions

STAYING HOME ALONE

SAFE HABITS

(pages 6 & 7)

Safe Habits

INDOOR SAFETY

OUTDOOR SAFETY

ONLINE SAFETY

PERSONAL SAFETY

Numbers to Know

PARENT

- Work phone
- Cell phone

BACK-UP ADULT

- Phone number for a safe adult your parent has chosen that can help you in an unsafe situation

Rules to Follow

RULE #1: Get permission from your parent or guardian.

Rules to Follow

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RULE #2: Make sure your parent or guardian knows the High Five info.

High Five Info

1. Who you will be with
2. What you will be doing
3. Where you will be
4. How you will get there (and back)
5. When you will be back

Rules to Follow

RULE #1: Get permission from your parent or guardian.

RULE #2: Make sure your parent or guardian knows the High Five info.

RULE #3: Travel safely when you leave home.

Rules to Follow

RULE #1: Get permission from your parent or guardian.

RULE #2: Make sure your parent or guardian knows the High Five info.

RULE #3: Travel safely when you leave home.

RULE #4: Use the safety signal, “I’m ready to be picked up now.”

The Safety Signal

I'm ready to be picked up now.

HANDLING EMERGENCIES

(pages 8 & 9)

Handling Emergencies

WEATHER EMERGENCY

POWER OUTAGE

SMELL SMOKE OR SEE FIRE

SMELL GAS

CARBON MONOXIDE

BREAK-IN

PREVENTING INJURIES

(pages 10 & 11)

Preventing Injuries

Injuries can occur ANYWHERE!

Be aware of hazards that can be dangerous for children of all ages.

INJURY MANAGEMENT

(pages 12 & 13)

Injury Management

SAFE SITTER®
FIRST AID CHART

(pages 14 & 15)

First Aid Chart

First Aid Chart

First Aid Chart

HOW MUCH DID YOU LEARN?

(page 16)

Are You Ready?

P **Parental Permission**

A **Age**

S **Safety Training**

S **Self-confidence**

TALK WITH YOUR PARENT

(page 18)

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